



PSHE, RSE and Safeguarding Curriculum

Continuous Safeguarding Provision

Throughout the Year	Autumn Term	Spring Term	Summer Term
<ul style="list-style-type: none"> ● Christian values of 'Compassion, Honesty and Gratitude' are regularly shared and celebrated. ● Regular online safety updates for parents ● School rules: Ready, Respectful and Safe. ● ELSA and TALA provision ● Zone of Regulation and Circle time in Class ● Pupil Voice through EARA (equality and rights advocates) and Green Team ● Risk Assessing Trips with class 	<ul style="list-style-type: none"> ● NSPCC Assemblies 'Speak out Stay safe' ● Anti-Bullying Week ● Residential for year 5 and 6 - focus on road safety, fire safety and water safety. 	<ul style="list-style-type: none"> ● NSPCC workshops with years 5 and 6 ● Fire Safety Workshops with Years 1,2,5 and 6 ● Internet Safety Day ● Swimming - Year 3 and 4 	<ul style="list-style-type: none"> ● Junior Road Safety officers ● Walk to school / bike to school ● First Aid – KS2 ● Bikeability
PSHE curriculum (see below)			
RSE curriculum - see separate progress document			

PSHE Units

KS1 Cycle A						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Foundation Stage	<p>Health and Wellbeing: How can I keep myself healthy?</p> <p>ELG Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.</p> <p>Yr1: What helps us grow and stay healthy?</p> <p>New Beginnings</p>	<p>Relationships: Who is my family?</p> <p>ELG Form positive attachments to adults and friendships with peers</p> <p>Yr1: Who is special to us?</p> <p>No outsiders text: Blue Chameleon</p>	<p>Relationships: How do I make friends and look after my friends?</p> <p>ELG Work and play cooperatively and take turns with others</p> <p>ELG Form positive attachments to adults and friendships with peers</p> <p>ELG Show sensitivity to their own and to others' needs.</p> <p>Yr1 What makes a good friend?</p> <p>No outsiders text: Blue</p>	<p>Health and Wellbeing: How am I feeling?</p> <p>ELG Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly</p> <p>No outsiders text: Red Rockets and Rainbow Jelly</p>	<p>Relationships: Who keeps me safe?</p> <p>ELG Explain the reasons for rules, know right from wrong and try to behave accordingly</p> <p>No outsiders text: Mommy Mama and Me</p> <p>No outsiders text: The Family Book</p>	<p>Living in the wider world: What is my day like? How can I change my outdoor space?</p> <p>Transition</p> <p>Link with Transition/ Changes (SEAL)</p> <p>No outsiders text: You Choose</p>
Key Stage 1	<p>Relationships: What is the same and what is different about us?</p> <p>No outsiders text:</p>	<p>Relationships: Who is special to us?</p> <p>No outsiders text: Ten Little Pirates</p>	<p>Health and Wellbeing: What helps us stay healthy?</p> <p>No outsiders text: Max the Champion</p>	<p>Health and Wellbeing: What helps us to stay safe? Who helps keep us safe?</p>	<p>Living in the wider world: How can we look after each other and the wider world?</p> <p>No outsiders text: My world, Your World</p>	<p>Transition</p>

	Elmer			No outsiders text: My Grandpa is amazing		
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KS1 Cycle B

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Foundation Stage	<p>Health and Wellbeing: How can I keep myself healthy?</p> <p>ELG Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.</p> <p>Yr 1 What helps us grow and stay healthy?</p>	<p>Relationships: Who is my family?</p> <p>ELG Form positive attachments to adults and friendships with peers</p> <p>No outsiders text: The Family Book</p>	<p>Relationships: How do I make friends and look after my friends?</p> <p>ELG Work and play cooperatively and take turns with others</p> <p>ELG Form positive attachments to adults and friendships with peers</p> <p>ELG Show sensitivity to their own and to others' needs.</p> <p>Yr1 What makes a good friend?</p> <p>No outsiders text: Blue</p>	<p>Health and Wellbeing: How am I feeling?</p> <p>ELG Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly</p> <p>YR 1 How do we recognise our feelings?</p> <p>No outsiders text: Red Rockets and Rainbow Jelly</p>	<p>Relationships: Who keeps me safe?</p> <p>ELG Explain the reasons for rules, know right from wrong and try to behave accordingly</p> <p>Yr 1 What helps us to stay safe?</p> <p>No outsiders text: Mommy Mama and Me</p>	<p>TRANSITION</p> <p>Living in the wider world: What is my day like? How can I change my outdoor space?</p> <p>Link with Transition</p> <p>No outsiders text: You Choose</p>
Key Stage 1		<p>Relationships: What Is bullying?</p>	<p>Living in the wider world: What jobs do people do?</p>	<p>Living in the Wider World: What can we do with money?</p>	<p>Health and Wellbeing: What</p>	<p>Health and Wellbeing: How do</p>

	Relationships: What makes a good friend? No outsiders text: The Great Big Book	No outsiders text: The Odd egg	No outsiders text: The First Slodge		helps us grow and stay healthy? No outsiders text: Blown Away	we recognise our feelings? No outsiders text: Just Because
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Ks2 Cycle A						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3/4	Relationships: How can we be a good friend? No outsiders text: Oliver	Health and Wellbeing: What strengths, skills and interests do we have? No outsiders text: Hueys in the new jumper	Living in the wider world: What makes a community? No outsiders text: Beegu	Health and Wellbeing: Why should we look after our teeth?	Health and Wellbeing: What keeps us safe? No outsiders text: This is our House	Relationships: What are families like? *Year 4: Changes to body (menstruation) No outsiders text: Two Monsters
Year 5 /6	Living in the wider world: How can the media influence people? No outsiders text: The Island	Living in the wider world: How can the media influence people? No outsiders text: The Island	Health and Wellbeing: How can we help in an accident or emergency? No outsiders text: How to Heal a Broken Wing	Health and Wellbeing: What makes up our identity? No outsiders text: My Princess Boy	Relationships: How can friends communicate safely? No outsiders text: Rose Blanche	Relationships: How do friendships change as we grow? No outsiders text: Love You Forever

KS2 Cycle B

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3/4	<p>Relationships: How do we treat others with respect?</p> <p>No outsiders text: Dogs don't do ballet</p>	<p>Health and Wellbeing: How can we manage our feelings?</p> <p>No outsiders text: The King and king</p>	<p>Living in the Wider World: What are the different jobs and skills?</p> <p>No outsiders text: The Flower</p>	<p>Health and wellbeing: How can we manage risk in different places?</p> <p>No outsiders text: The way back home</p>	<p>Health and Wellbeing: Why should we keep active and sleep well?</p> <p>No outsiders text: Red: A Crayons Story</p>	<p>Living in the wider world: What makes a community and shared responsibilities</p> <p>*Year 4: Changes to body (menstruation)</p>
Year 5 /6	<p>Living in the wider world: What decisions can people make with money?</p> <p>No outsiders text: Dreams of Freedom</p>	<p>Health and Wellbeing: How can drugs common to everyday life affect health?</p> <p>No outsiders text: The Whisper</p>	<p>Relationships: What will change as we become more independent?</p> <p>No outsiders text: Where the poppies now grow.</p>	<p>Living in the wider world: What jobs would we like?</p> <p>No outsiders text: The Artist Who Painted a Blue Horse</p>	<p>Health and Wellbeing: How can we keep healthy as we grow?</p> <p>No outsiders text: And Tango makes Three</p>	<p>Health and Wellbeing How can we keep healthy as we grow?</p> <p>No outsiders text: And Tango makes Three</p>