

PSHE/RSE Progression Key Questions

	KS1	LKS2	UKS2
Relationships	<ul style="list-style-type: none"> Who is in my family? What does my family do for me? What makes a good friend? How should I treat my friends? What is bullying and what can I do about it? 	<ul style="list-style-type: none"> Why might friendships change? How can I be a good friend? What are some of the bad ways people can behave towards each other? How do I know if I'm being bullied and what can I do about it? Why are some parents married and some not? Why don't all families look the same? 	<ul style="list-style-type: none"> What are the important relationships in my life now? What is love? How do we show love to each other? Can people of the same sex love one another? Is that ok? What do the words 'lesbian' and 'gay' mean? What should I do if someone is being bullied or abused? Can relationships be harmful? Why are families important for having babies and bringing them up? How can I say 'no' to someone without hurting their feelings?
Health and Wellbeing	<ul style="list-style-type: none"> Where do babies come from? How have I changed since I was a baby? How are other children similar or different to me? Why are girls and boys bodies different? What do we call the different parts of girls and boys bodies? Who can I ask if I need to know something? Who can I go to if I am worried about something or feeling unsafe? What things do I need to keep safe and healthy? 	<ul style="list-style-type: none"> How and why is my body changing? How do boys and girls grow differently? Why are we all different? Is it ok to be different? What makes good and bad feelings? How can I tell how other people are feeling? What are good habits for looking after my growing body? What do I do if someone wants me to do something dangerous, wrong, or makes me feel uncomfortable? Why does having a baby need a male and female? What are eggs and sperm How do different animals have babies? What happens when you get older? 	<ul style="list-style-type: none"> What is puberty? Does everyone go through it? What changes happen during puberty to boys and girls? How can I look after my body now I am going through puberty? How can girls manage periods (menstruation)? How will my body change as I get older? What kinds of feelings come with puberty? What are sexual feelings? What are wet dreams? What is masturbation? Is it normal? How can I cope with these different feelings and mood swings? What is sexual intercourse? What happens during conception? Does conception always occur or can it be prevented? How do families with the same-sex parents have babies? How does a baby develop? How is it born? Where can I find information about puberty and sex? How can I find reliable information about these things safely on the internet?
Living in the wider world	<ul style="list-style-type: none"> What can people do with money? How can I look after other people? How can I look after the wider world? What different jobs do people do? 	<ul style="list-style-type: none"> What is a community? What is my role within my community? What is the difference between good and bad choices? How might my choices affect the people around me? How might my choices affect my environment? 	<ul style="list-style-type: none"> What jobs might I like to do? What things might I need to do to get that job? What things can I do to earn money safely? How can I save money? Where can I keep my money? What is the media? Should I believe everything I read online? What things can I share on social media? What should I do if I see something inappropriate online? Can I believe everything I see on TV about perfect bodies /relationships /girls/boys to be true?

