

Parent/carer resources available on NSPCC websites

Parent/carer resources	Website location/link
<p>Our Speak out Stay safe assembly – suitable for home-learning.</p> <p>Activities for kids at home - Keep busy while learning about staying safe and speaking out with our at-home activities for primary school children.</p> <p>New books/fun crafts available from the NSPCC shop.</p>	<p>https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/safety/</p> <p>www.nspcc.org.uk/activities</p> <p>https://shop.nspcc.org.uk/collections/books https://shop.nspcc.org.uk/collections/things-to-do-at-home</p>
<p>Supporting children with special educational needs and disabilities</p> <p>Advice for parents and carers on supporting SEND children during coronavirus (COVID-19).</p>	<p>https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/coronavirus-supporting-children-special-educational-needs-disabilities/</p>
<p>Online Safety Hub</p> <p>Visit our Online Safety Hub for advice and information on a range of different online safety topics including gaming, social media, sharing nudes, parental controls and more.</p> <p>You will also find online safety information for families of children with additional needs and disabilities. We have worked with Ambitious about Autism and parents and carers who have children with additional needs and disabilities to create activities to help talk about online safety.</p> <p>Keeping Children Safe Online blog</p> <p>Parents, carers and professionals can keep up to date with the latest child safety online news on our Keeping Children Safe Online blog.</p>	<p>https://www.nspcc.org.uk/keeping-children-safe/online-safety/</p> <p>Online safety for families and children with SEND How to support children with SEND with talking to people online Supporting online wellbeing for children with SEND</p> <p>Included on each of the above web pages are links to activities to help talk about online safety for this specific audience.</p> <p>www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-blog</p>
<p>Talking PANTS with your children</p> <p>Talk PANTS is a simple conversation to help keep your child safe from sexual abuse. You can find out more and download the free resources on our website.</p> <p>Penguin and Ladybird have also partnered with the NSPCC to create a brand new Pantosaurus book aimed at children ages 4 - 8. The book is available in English and they will also ensure the content is made available in Welsh. All profits from the sale of this book will support the NSPCC.</p> <p>The NSPCC has partnered with a range of charities to help you talk to your child about the PANTS rules. There are a range of PANTS guides available from our website including guides for</p>	<p>www.nspcc.org.uk/pants</p> <p>You can find copies of the new book on sale, either in Matalan’s selected stores and online, selected SPAR stores or at: https://shop.nspcc.org.uk.</p> <p>nspcc.org.uk/pantsguides</p>

<p>children with learning disabilities or autism and a BSL video for deaf children. You can download the guide that's right for you from our website, watch our Makaton or BSL Talk PANTS films and download free prompt cards to help you talk PANTS with Makaton.</p>	
<p>Coronavirus (COVID-19) advice and support for parents and carers</p> <p>Whether you're working from home with your kids or supporting children with anxiety due to coronavirus, we've got tips and advice for you.</p>	<p>https://www.nspcc.org.uk/keeping-children-safe/coronavirus-advice-support-children-families-parents/</p>
<p>Supporting your child at home</p> <p>Tips for talking to a child worried about coronavirus (COVID-19)</p>	<p>https://www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/depression-anxiety-mental-health/</p>
<p>You can also find a variety of NSPCC videos on YouTube, including the selection below which you may find helpful.</p>	
<p>NSPCC Videos for parents</p>	<p>Website location/link</p>
<p>Infant Mental Health with NSPCC</p> <p>The Baby Show</p> <p>We're joined by Clinical Psychologists for NSPCC who work with children aged 0-5 and their families. Here they are talking through Infant Mental Health, what it is and offering tools and advice to not only support your babies & toddlers, but also yourself and your own mental health. They have also answered some of your questions around the affects of lockdown on your baby and your mental health and how to stay positive during these times.</p> <p>Look Say Sing Play</p> <p>Right from birth, every time you talk, sing or play with your baby, you're not just bonding, you're building their brain.</p> <p>Singing Day Look Say Sing Play NSPCC</p> <p>Our Brain's Air Traffic Control (Executive Function) NSPCC</p> <p>Building Strong Brain Architecture NSPCC</p>	<p>https://www.youtube.com/watch?v=YrgROexMLgQ</p> <p>The Baby Show - YouTube</p> <p>https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/look-say-sing-play/</p> <p>Sign up for brain-building tips</p> <p>https://www.youtube.com/watch?v=KySkBRvJxNw</p> <p>Our Brain's Air Traffic Control (Executive Function) NSPCC - YouTube</p> <p>Building Strong Brain Architecture NSPCC - YouTube</p>